

CYTOLOGIC

Minnesota Society of Cytology Newsletter

Volume 38, Issue 2, Fall 2010



MSC

In This Issue:

President’s Address.....	1
Meet Our New Board Members.....	2
2011 Membership Dues Notice.....	2
Fall Gala Invitation.....	3
Fall Gala Event Directions.....	4
Fall Gala Registration Form.....	5
School Spotlight.....	6
MSC Board of Directors.....	6
Spring Members Meeting Minutes.....	7
Summer Board Member Meeting Minutes.....	8
Spring Newsletter Highlights.....	8
Statement of Dues.....	9

President’s Address

Greetings MSC Members,

It’s hard to believe August is already upon us and fall is just around the corner—how quickly our Minnesota summers always seem to fly by!

As many of you are aware, this year marks the 40th anniversary of the Minnesota Society of Cytology. We are very proud of this milestone, and have decided it is worthy of special consideration. So, several MSC members have been in full force planning what is sure to be an exciting 40th Anniversary Celebration!! Make sure you check out the event details on page 3, mark your calendars, and don’t hesitate to contact one of the board members if there are any additional questions. It’s sure to be a fun afternoon on the Mississippi, and we hope that you’ll join us in the celebration!

None of our MSC events would be possible without the extraordinary efforts of our board members, speakers, and vendors; we owe them all a huge THANK YOU!! I’d like to especially thank our outgoing board members—Lori Ross, for her service in the presidential role, and Gina Saccomanno for serving as a board member. Your time and commitment to helping make the MSC a success is greatly appreciated.

I’d also like to welcome our new board members, Colleen Schafer and Eric Wanner (make sure to check out their bios on page 2), and our returning member Lindsey Kane, who has been a board member for the past 2 years and is now our President Elect. A big thanks to all for your time and service!

And finally, a special thanks to all the ladies who have been working so hard organizing and planning our

upcoming Anniversary Celebration, Chelsi Womack, Lynnette Savaloja, Shelly Semerad, Pat Croal, and Colleen Shafer—all the time and hard work you have volunteered is truly appreciated!

Enjoy the rest of your summer, and I look forward to cruising the Mississippi with you in September—Take Note, Don't Miss the Boat!

Jessica Orsulak

Welcome to our New Board Members!!

Colleen J. Schafer, CT (ASCP), MSC Board Member

Hello! My name is Colleen Schafer, and I am honored to be one of the new MSC board members! In 2008, I graduated with from the University of Wisconsin – Green Bay with a Bachelor of Science degree in Human Biology with an emphasis in Cytotechnology. In July of that same year, I graduated from the Mayo School of Health Sciences Cytology program. After graduation, I joined the Cytopathology laboratory at Mayo Clinic, Rochester, where I have been working for the past two years. I was recently married in 2009, and my husband and I currently reside in Rochester. We enjoy spending time outdoors and visiting with friends and family. I hope to see everyone at the MSC 40th Anniversary celebration on September 18th!

Eric Wanner, CT(ASCP), MSC Board Member

I have a B.A. in Biology from Concordia College in Moorhead. I received a B.S. degree in Cytotechnology from UND in 1991. In 2005 I complete my MBA from Southwest State University in Marshall, MN. I've been working at Rice Hospital Laboratory for about 17 years. I have three kids, Jessica is 17, Ben is 16, and Matt is 13. I have been married to my wife Sheri for 18 years. I enjoy playing "backyard" football and baseball with my

boys and their friends. I am currently into running relatively short distances (about 3 miles) and some light lifting. I am an assistant gymnastics coach for my daughter's high school gymnastics team in New London. I enjoy a good glass of wine or dark beer and conversation with friends or people I've just met. Now that my kids are getting older I am excited to get more involved again with the MSC and I am delighted to serve in the capacity of board member.



ATTENTION MSC MEMBERS!!

2011 MEMBERSHIP DUES are due
January 1st, 2011!!!

New Payment Method Available! The MSC has added PayPal to the website for members to easily pay their dues online. Simply go to mncytology.org and select pay now.

OR

Our old method is still available for those who prefer to use the insert and pay by check. (see form on last page of newsletter)

Please make out a check for **\$15, payable to MSC**.

Please include your name, address, phone number/email, and work affiliation.

Floating Through 40 Years of Memories with the MSC : Don't Miss the Boat!

By Lynette Savaloja CT (ASCP) and Pat Croal CT(ASCP)

In the last forty years, many things have changed in the world around us – and in the world of Cytology:

Forty Years Ago...

- The average price of a new house was \$23,000
- Apollo 13 mission to the moon was abandoned
- We celebrated our first Earth Day
- Jimmy Hendrix & Janis Joplin died
- Simon & Garfunkel's title track from their first album (Bridge Over Troubled Water) won a Grammy for Song of the Year
- The first NY Marathon was run in New York
- The Vietnam war continued
- Paul McCartney announced that the Beatles had disbanded,
- **Cytotechnology students used large color photographs that accompanied questions when they sat for their ASCP exam *on paper***
- **...And a dedicated group of Minnesota Cytotechnologists working to make the world a better place formed the Minnesota Society of Cytology!**

What's not to celebrate?! Following the tradition of our "fore-mothers", the MSC has planned a Celebration Riverboat Cruise to commemorate our 40th Anniversary. The celebration will be held Saturday September 18th from 4-7 PM aboard the Anson Northrup Riverboard, with boarding starting at 3:30 pm on Harriet Island in St. Paul, MN.

The celebration committee is planning time for reminiscing, networking, and most of all - having some fun! We'll have Dixieland music by the Mississippi Minstrels, food and a cash bar. We will also raffle off a "Wall of Wine" to benefit the MSC, and have souvenirs for you to commemorate the event. We will bring our memories to share and, of course, we will bring... **YOU!**

Everyone is invited...bring a guest and encourage all of your cytology colleagues to attend, too. The registration will be very affordable due to a grant from the MSC. Everyone who registers will receive a free drink coupon, with which to share a toast to 40 more years of cytology in Minnesota!

Registration for the event can be completed through the MSC website at www.mnscytology.org using PayPal, or by using the registration form inside this newsletter.

We will be compiling our memories of the last forty years, and we would like to add your photos and memories to a presentation that will be shown throughout the event. Please send digital copies of any MSC photos to Pat Croal,

We hope to see everyone -and we mean **EVERYONE** - on September 18th for an evening to remember and enjoy the company of those who have contributed to the health of our community, through our work in Cytology and through the contributions of the Minnesota Society of Cytology over the past 40 years. **Take Note! Don't Miss the Boat!**



Directions to the MSC 40th Anniversary Celebration

Anson Northrup Riverboat Padelford Landing Harriet Island, St. Paul, MN

From the West

Take I-94 east to HWY 52 South. Just across the Hwy 52 bridge exit on PLATO BLVD. Turn right onto Plato. Follow Plato west until it ends at Dr. Justus Ohage Blvd (formerly Harbor Rd.) turn right into the Padelford parking lot.

From the East

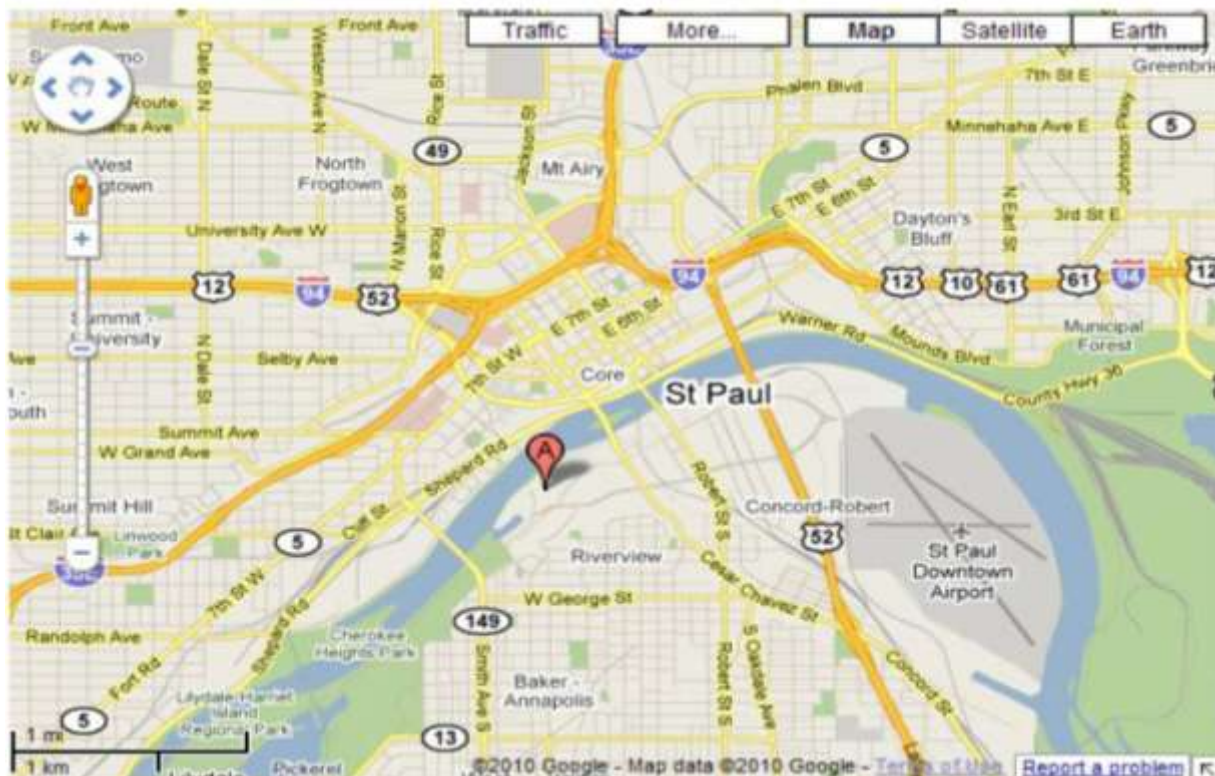
Take I-94 West to HWY 52 South. Just across the HWY 52 bridge take the PLATO BLVD EXIT. Turn right onto Plato and proceed west until it ends at Dr. Justus Ohage Blvd. (formerly Harbor Rd.), turn right into the Padelford parking lot.

From the North

Take I-694 East to I-35E South to HWY 52 South. Take the PLATO BLVD EXIT. Turn right onto Plato and proceed west until it ends at Dr. Justus Ohage Blvd. (formerly Harbor Rd.), turn right into the Padelford parking lot.

From the South

Take I-35E north to I-494 East, then HWY 52 North. Take the PLATO BLVD exit. Turn left onto Plato. Follow Plato west until it ends at Dr. Justus Ohage Blvd. (formerly Harbor Rd.), turn right into the Padelford parking lot.





Minnesota Society of Cytology Celebrating 40 Years on the Mississippi

Saturday, September 18th
4pm – 7pm

Anson Northrup Riverboat, Padelford Landing
Harriet Island, St. Paul, MN

See Opposite Page for Directions

- ▣ First Beverage Free!
- ▣ Live Music from the Mississippi Minstrels!
- ▣ Appetizers, Prizes and Souvenirs!
- ▣ Wall of Wine Raffle to Benefit MSC!

Take Note! Don't Miss the Boat!

40th Anniversary Celebration Registration Form		
Registration Deadline: September 1st – NO refunds after this date		
Name: _____	CT/SCT _____ MD _____ Other _____	HomePhone: _____
Mailing Address: _____	Work phone: _____	
Email Address: _____	Work Affiliation: _____	
PLEASE INDICATE ANY SPECIAL NEEDS: ___Mobility ___Hearing ___Vision ___Diet		
Registration Fee	# of people attending	Total Amount Enclosed
\$25	x _____	= _____
Guests over the age of 21 are welcome with paid registration.		

School Spotlight: Mayo School of Health Sciences Cytotechnology Program News

*Jill Caudill M. Ed. SCT(ASCP)^{CM}
Mayo Clinic Cytotechnology Program Director*

The Cytotechnology Class of 2011 began on July 6th. After a year off to plan/develop new curriculum, it was great to get students back in the lab. We have five students this year, and they're already busy at work. The curriculum changes at this point in the program have meant more time at the microscope for the students. We actually began investigating the cellular changes in the progression from benign to cancer for adenocarcinoma and squamous carcinomas. Rather than starting only with the traditional Pap Test, they began the first two weeks looking at those cancers in pulmonary specimens and effusions as well as Paps. In addition to learning the basic morphologic criteria and terms, the goal was to show them the similarities we'll find as we move to the different body sites.

We are pleased to announce that Kara Hansing SCT(ASCP) has recently accepted the position of Education Coordinator for the program. Kara is a graduate of the Mayo program, and most recently has held the position of Education Specialist for the lab here at Mayo. With her experience in the area of FISH and Circulating Tumor Cells she'll be a great resource as we continue to develop our molecular portion of the program. This class will have the option of enrolling for an additional six months to take the FISH education/training and the Molecular Pathology courses. In addition, the expanded program will increase opportunities for students to hone their diagnostic skills in focused areas where we may not have had the chance to devote significant time in the 12 month program.

Our goal is to create online educational content that will be available for working cytotechnologists in the areas of FISH and molecular pathology. We hope to have more information on this aspect of our program soon. Stay tuned.

Mark Your Calendars! MSC 2011 Spring Meeting

April 8th and 9th 2011

Hilton Minneapolis/St. Paul Airport
3800 American Boulevard East
Bloomington, MN

2010-2011 MSC Board of Directors

President

Jessica Orsulak, CT(ASCP)^{CM}
Mayo Clinic, Rochester, MN
Email: president@mncytology.org

Past President

Lori Ross, CT(ASCP)
Park Nicollet, St. Louis Park, MN
Email: pastpresident@mncytology.org

President Elect

Lindsey Kane, CT(ASCP)
Mayo Clinic, Rochester, MN
Email: presidentelect@mncytology.org

Secretary

Chelsi Womack, CT(ASCP)
Regions Hospital, St. Paul, MN
Email: secretary@mncytology.org

Treasurer

Angela Krueger, CT(ASCP)^{CM}
Mayo Clinic, Rochester, MN
Email: treasurer@mncytology.org

Board Members

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Mayo Clinic, Rochester, MN
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Colleen Schafer, CT(ASCP)
Mayo Clinic, Rochester, MN
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Klint Kjeldahl, MBA, CT(ASCP)
University of Minnesota, Fairview
Email: boardmember4@mncytology.org

Eric Wanner, CT(ASCP)
Rice Hospital Laboratory
Email: boardmember2@mncytology.org

**Minnesota Society of Cytology
General Membership Meeting
March 20, 2010 @ 2pm
Ramada Inn, Rochester, MN**

Call to Order: Lori Ross calls the meeting to order at 2:05 pm.

Approval of Minutes: Jennifer Pettengill and Angie Zieman approve the minutes.

Treasurer's Report: Angela Krueger: The current balance is \$22,578.04 before the meeting expenses.

Upcoming Meetings Fall 2010: There may be a social planned for the fall to celebrate the MSC's 40th anniversary.

Spring 2011: Lindsey Kane and Chelsi Womack are co-chairs.

Date: TBA

Location: Twin Cities

Old Business

Licensure: Update from Jennifer Pettengill: There was one hearing in the House and the bill was tabled. The bill must be reintroduced due to the biennium.

Website: Chelsi Womack is in the process of creating a new website. Lori Ross and Chelsi Womack will work on a survey for the website to get membership feedback for future meetings. The members present favored having the option of paying dues and registrations online and agreed to pay the fees charged to use PayPal or whichever program will be used.

New Business

Job Openings: None

Scholarship Award: The scholarship is being awarded to Michelle Havemeier.

Elections Lori Ross:

President elect: Nominations open and closed.

Treasurer: Nominations open and closed.

Secretary: Nominations open and closed.

Board members: Nominations open and Doug Soltis is nominated and added to the ballot. Nominations are closed.

Gina Saccomano and Doug Soltis approve the ballot.

Ballots will be e-mailed to members not present at the meeting

Adjourn: Jessica Orsulak and Gina Saccomano adjourn the meeting at 2:30 pm.

**Minnesota Society of Cytology
Board Meeting
March 19, 2010 @ 4pm
Ramada Inn, Rochester, MN**

Board members present : Klint Kjeldahl, Angela Krueger, Jessica Orsulak, Jennifer Pettengill, Lori Ross, Gina Saccomanno, Chelsi Womack, and Angie Zieman

Call to Order: Lori Ross calls the meeting to order at 4:05 pm.

Approval of Minutes: Jessica Orsulak and Lori Ross approve the minutes.

Treasurer's Report: Angela Krueger: The current balance is \$22,578.04. There are 86 paid members to date. Jennifer Pettengill and Angie Zieman approve the treasurer's report.

Upcoming Meetings

Spring 2011: Lindsey Kane and Chelsi Womack are co-chairs.

Date: TBA

Location: Twin Cities

Student presentations for Friday night. Cibas, Hoda, Schmechel, and Pambuccian are some possible speakers.

Old Business

Licensure: Update from Jennifer Pettengill: There was one hearing in the House and the bill was tabled. The bill must be reintroduced due to the biennium.

Continued on page 8

Website: Chelsi Womack is in the process of creating a new website. Lori Ross and Chelsi Womack will work on a survey for the website to get membership feedback for future meetings.

New Business

Job Openings: None

Scholarship Applicants: We received two applicants and reviewed the applications and board members agreed it would be appropriate to issue the scholarship to Michelle Havemeier.

**Minnesota Society of Cytology
Board Meeting
June 26,2010 @ 8:30am
Perkin's, Bloomington, MN**

Board members present: Lindsey Kane, Jessica Orsulak, Jennifer Pettengill, Colleen Schafer, Eric Wanner, and Chelsi Womack

Call to Order: Lindsey Kane calls the meeting to order at 8:51am.

Approval of Minutes: Jennifer Pettengill and Lindsey Kane approve the minutes.

Treasurer's Report: Jessica Orsulak: The current balance is \$17,228.10. There was a net loss of \$437.46 for the Spring meeting.

Upcoming Meeting:

Spring 2011: Lindsey Kane and Chelsi Womack are co-chairs. Date: April 8-9, 2011 (tentative)
Location: Twin Cities
Topics of interest: Pancreas, urine, and Future of Cytology

Old Business

Spring Meeting Feedback: Chelsi Womack will e-mail the responses from the evaluation forms.

Fall Gala: The tentative date is September 18, 2010. The board members agreed to a budget of \$5,000. Committee members: Lynnette Savaloja,

Colleen Schafer, Pat Croal(questionable), and Shelly Semerad(questionable). Pat and Shelly will be contacted to verify their participation.

New Business:

Job Openings: None

Newsletter: The deadline for submissions to Lindsey Kane is July 30, 2010. August 6, 2010 will be the publishing date.

Next Board Meeting

Date: TBA, Possibly through e-mail

Adjourn:

Jessica Orsulak and Jennifer Pettengill adjourn the meeting at 9:46 am

***HIGHLIGHTS FROM OUR
NEXT ISSUE...***

☼ **Invitation to the 2011 Spring Meeting**

CYTOLOGIC

The 'Cytologic' is published biannually for members of the Minnesota Society of Cytology.

Do you have an article, advertisement (free for members of the MSC), idea or opinion that you would like to share with the MSC? All submissions are welcome. Contact our Board of Directors!

PUBLICATION VOLUNTEER

Lindsey Kane, CT(ASCP)^{CM}

CONTRIBUTING WRITERS

Jessica Orsulak, CT(ASCP)^{CM}

Pat Croal, CT(ASCP)

Jill Caudill, M.Ed. SCT(ASCP)^{CM}

Lynette Savaloja CT(ASCP)

**MINNESOTA SOCIETY OF CYTOLOGY
STATEMENT OF DUES**

Dear MSC members,

It's time to renew your annual membership. Please remit your 2011 dues, **payable to MSC, in the amount of \$15.** Please mail to:

Angela Krueger

Payments are due on or before January 1, 2011

Please help keep our organization strong by continuing your membership! The benefits to membership include discounts to educational meetings and a subscription to our semi-annual newsletter "CYTOLOGIC". **Thank you for your continued support of the MSC!**

✂

Please fill out and return this portion with your payment.

new address name change new member

Name: _____

Address: _____

Employer: _____

Phone (w): _____ Year you started career in cytology: _____

E-mail: _____

Cytologic

Minnesota Society of Cytology

c/o Lindsey Kane